

Preparing for Orthopedic Surgery? "Pre-Hab" with Restorations PT!



People who strengthen before joint replacements or other orthopedic surgeries get better faster. Get your customized exercise program today.

No prescription needed. **Call 412-206-9202.**

Restorations PT offers quality, one-on-one physical therapy for all your PT needs.

Located at 2600 Old Washington Rd. in Upper St. Clair.

Day & evening appointments available

www.RestorationsPT.com