



*Fill Your  
February  
with Exciting  
Events!*

Join us at **YOUR Life™** of Palm Beach Gardens for two February events that you won't want to miss. Discover if it's possible to prevent or postpone Alzheimer's disease with Dr. Martinez, and then join us again to learn how those with Parkinson's disease can enhance their well-being and lessen their symptoms through boxing.

## **Can We Prevent or Postpone Alzheimer's Disease?**

**Thursday, February 21 | 11 a.m. – 1 p.m.**

**Presented by Walter C. Martinez, MD, FAAN, of Palm Beach Neurology**  
*Lunch will be served.*

## **Rock Steady Boxing Program for Parkinson's** **Tuesday, February 26 | 2 p.m. – 3 p.m.**

**Presented by Robert Prince, owner of TITLE Boxing Club Palm Beach Gardens  
and Bruce Gropper, owner of Right at Home® Palm Beach**  
*Healthy snacks will be served.*

*Complimentary respite care will be available.  
Advance registration for your loved one is required.*



**Please call to RSVP  
at least two days before  
each event!  
561-328-0120**

**13465 Pasteur Boulevard | Palm Beach Gardens, FL 33418 | YourLifePBG.com**



Assisted Living Facility License #13239