

# Diabetes & You

Diabetes affects millions of Americans, and one in four people with diabetes don't even realize they have it. Join Dr. Pradeep Giriyyappa, HFM Primary Care, and registered dietitian Carrie Karbon, HFM Diabetes Center, to learn about diabetes management, prevention, and how you can take control of your health.

**Wednesday, July 25**  
**5:30 p.m.**

**The Bay at North Ridge Health  
and Rehabilitation Center**  
**1445 N. 7<sup>th</sup> Street, Manitowoc**



Pradeep Giriyyappa, MD  
HFM Primary Care

This **FREE** event is open to the public.  
A complimentary light meal will be served.

Registration required.  
Call Lori at (920) 682-0314 before July 20.

