



To prevent a stroke, **BE FAST**

BALANCE

Loss of balance, headache, dizziness

EYES

Blurred vision

FACE

One side of face is drooped

ARMS

Arm or leg weakness

SPEECH

Speech difficulty

TIME

Time to call an ambulance immediately

Stroke is the leading cause of long-term disability in the U.S.—though the National Stroke Association says up to 80% of strokes are preventable.

Bon Secours is bringing stroke patients the most advanced treatment options and resources available.

Bon Secours DePaul Medical Center is the only Southside hospital to earn the highest level of certification as a Comprehensive Stroke Center.

Bon Secours Mary Immaculate Hospital and **Bon Secours Maryview Medical Center** are recognized as Primary Stroke Centers for their excellence and outcomes.

Bon Secours Health Center at Harbour View is the only Acute Stroke Ready facility in Northern Suffolk.

[BonSecours.com](https://www.BonSecours.com)

**DePaul Medical Center | Maryview Medical Center
Mary Immaculate Hospital | Health Center at Harbour View
Bon Secours Medical Group**