

The Central Ohio Nutrition Center  
offers a comprehensive

# MEDICALLY SUPERVISED WEIGHT LOSS PROGRAM

## TREATMENT OPTIONS:

- \*OPTIFAST™
- \*OPTITRIM
- \*Nutrition counseling  
with registered  
dietitian
- \*Adolescent  
counseling
- \*Anti-obesity  
medications
- \*Maintenance  
programs for  
on-going weight  
management



BEFORE

AFTER

Pam lost 138 pounds in 15 months on the OPTIFAST™ program. Now 4 years since reaching her goal, she has not regained any weight. In fact, she has lost an additional 15 pounds! Pam is a great example that

**MAINTAINING A  
WEIGHT  
LOSS IS  
POSSIBLE!**

# CONCI

the  
Central Ohio  
Nutrition Center, inc.

*39 Years Experience*

Judy F. Loper, PhD, RD  
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\*Weight loss and maintenance may vary