



THE ATHENA PROJECT

If you have experienced abuse or violence from a romantic partner and are having emotional issues, help is available at the University of Memphis, Athena Project.

The Athena Project is a research clinic for women who have experienced intimate partner abuse.

Participants receive a **FREE** evaluation and possible treatment concentrating on alleviating the symptoms of post-trauma stress.

Symptoms can include:

- Frequent Memories of the abuse
- Trouble Concentrating
 - Feeling jumpy or irritable
 - Depression
 - Anxiety

How We Can Help You

Benefits

Evaluations are free and private. If you request it, the results of your evaluation can be given to your doctor or lawyer.

Evaluation

The evaluation process takes 2-3 visits. You will be asked to talk about the abuse and your current feelings.

Treatment

You may qualify for treatment. However, if treatment is not the best choice for you, we will provide you with referrals for other kinds of support.

If you would like to support the Athena Project, please visit the U of M Online Giving form.

www.memphis.edu/athena

Or contact Dr. Gayle Beck
for other ways you may be able to help.

901-678-3973

jgbeck@memphis.edu

The Athena Project is a free and private service to all women (aged 18 and older) in the community, offered by the Department of Psychology.