



# HEALTHY hour

*Free Seminar Series*

SAVE YOUR SEAT - REGISTER TODAY!

## Is Knee Or Hip Pain Slowing You Down?

If you are experiencing chronic knee or hip pain, attend our seminar to learn how to conquer your pain. Learn about causes of hip and knee pain, pain prevention and current treatment options available to you. There will be a question-answer session with Orthopedic Surgeon Matthew Fishman.

**Tuesday, January 16 | 6 - 7:00 PM**

**Abrazo Scottsdale Campus**

*Lobby Conference Room*

3929 E. Bell Road, Phoenix 85032

Register by calling **844-860-7803** or visit  
**[AbrazoHealth.com/OrthoSeminar](http://AbrazoHealth.com/OrthoSeminar)**

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## Aortic Stenosis - A Common And Serious Heart Valve Condition

Did you know that symptoms of Aortic Stenosis are commonly misunderstood by patients as normal signs of aging? Learn the symptoms of heart valve disease, its risk factors and the new groundbreaking procedures now available. A question-answer session with Cardiologist Shakeel Khan will follow.

**Tuesday, January 23 | 6 - 7:00 PM**

**Abrazo Arrowhead Campus**

*Physician's Plaza Building - 3rd Floor, Sierra Room*

18699 N. 67th Avenue, Glendale 85308

Register by calling **844-815-4202** or visit  
**[AbrazoHealth.com/ValveSeminar](http://AbrazoHealth.com/ValveSeminar)**



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