



“Oh, My Healthy Back!”

THURSDAY, JAN. 25
2:30 - 4:30 pm

Physical Therapists Farley Wagner and Cheri Sidoti will present a **FREE** class on:

- Spinal anatomy
- Spinal conditions
- Causes of low back pain
- Pain management

RSVP required; call (585) 396-6111 to register.

Constellation Center for Health and Healing
F.F. Thompson Hospital
350 Parrish Street, Canandaigua

**Designed for the person with occasional back pain, this seminar is not intended to substitute for medical care.*

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