

Type II Diabetes Reversal Workshop

FREE EVENT

Learn about **Stunning Research** that now suggests **Type II Diabetes** can begin to be **REVERSED** in as little as **1 WEEK**



FREE GOURMET MEAL

Wednesday, January 17th
at 6:00pm
Mimi's Café
3375 E. Main St.,
Ventura

Wednesday, January 24th
at 6:00pm
Red Lobster
1740 Ventura Blvd.,
Oxnard

We will share **Natural & Simple Take Home Techniques** and an **Emerging Clinical Approach** that's utilized to help patients facilitate the Reversal of Type II Diabetes. Learn how to:

- **LOWER** and **STABILIZE Blood Sugar**
- **LOSE WEIGHT** without exercise or fad diets
- **DECREASE RISK FACTORS** for diabetic complications and an early death

"I can't stress enough how well this program works. I feel so much better today after taking control of my health. In less than 3 weeks I went from 305 to 104 blood glucose. My A1c was 10.5 and now I'm just under 7.0. My medications for blood pressure have been reduced and my metformin, I don't take it anymore! I can't be more thankful." - Bob L.



CENTRAL COAST
CENTER FOR INTEGRATIVE HEALTH

Please **RSVP** with code **S0112** to **(805) 556-7200**
Limited Seating - Reservations Required

May bring 1 guest. Adults only.

Presentation by Brent A Caplan, DC, BCIM, CFMP | Active member of American Association of Integrative Medicine, The Institute for Functional Medicine and American Diabetes Association