

OVERWEIGHT?

THE BODY OF YOUR DREAMS STARTS HERE.

2018



"We lost over 50 pounds!"

Jeff & Shari MRC CLIENTS

Your blood pressure, cholesterol levels,
and your waist size are key numbers to
measure your heart health.

Weight loss is our specialty.

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* On Metabolic More®, most clients can expect to lose 1-2 lbs. per week. Results vary per client.