

“Living With, OR Worried About, Someone Suffering With Chronic Back Pain?”

If you or a loved one suffers from chronic back pain then attending this Workshop is a **MUST**. Join us and unlock the mystery of chronic back pain and discover the way to get back to living the life you deserve.

- A life where sleeping is void of tossing and turning trying to find a position where the pain stops, and putting on socks is no longer restricted.
- A life where picking up and playing with your kids is no longer a cause for worry about if your back is going to “go out” and leave you crippled on the floor.
- A life where you can stop watching from the side lines and just enjoy your best life with no restrictions.

Here’s What You’ll Learn at This New Workshop:

- 8 things to immediately help your lower back pain.
- 5 modifiable risk factors for lower back pain.
- How soon to start gentle exercise, get back to work, and start enjoying your best life.

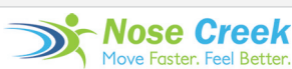
Workshop Spaces are limited and will be awarded on a first come basis. Please call NOW to make sure you get a seat. We look forward to helping you realize how easy it is to finally start living life on your terms again – with much less back pain.

This workshop is FREE. No one will ask you for money so call and start living your best pain free life.

Call and reserve your seat at our Beddington location on Tuesday September 17th, at 7pm. Call today (403) 768-2398

Or visit www.nosecreekphysiotherapy.com/back-workshop and register your details.

*Sincerely,
Blair Schachterle.*



Beddington

Suite 153, 8220 Centre St NE Calgary, Alberta

**For more information,
download a FREE Low
Back report at**

**[www.nosecreekphysiotherapy.com/
back-report](http://www.nosecreekphysiotherapy.com/back-report)**