



American
Heart
Association.

presents

Check to Change



May 17, 2019

Join us for free **blood pressure screenings**
at sites across Southern New England.

High blood pressure is **“the silent killer,”**
meaning that it has no symptoms
of its own, but can dramatically
increase one’s risk of developing
heart disease or stroke.

Take the first step by checking
your blood pressure and making
heart healthy lifestyle changes.

Locations & Time

Blue Cross & Blue Shield RI
300 Quaker Ln.
Warwick, RI 02886

Blue Cross & Blue Shield RI
71 Highland Avenue, East
Providence, RI 02914

Blue Cross & Blue Shield RI
622 George Washington
Hwy, Lincoln, RI 02865

9:00 a.m. - 11:00 a.m.

Landmark
Occupational & Employee
Health Office
176 Cass Avenue,
Woonsocket, RI 02895.

9:00 a.m. - 3:00 p.m.

Southcoast Health Walmart
42 Fairhaven Commons Way,
Fairhaven, MA 02719

10:00 a.m. - 4:00 p.m.

URI Student Union
50 Lower College Road
in Kingston, RI 02881

11:00 a.m. - 1:00 p.m.

Amos House
460 Pine Street
Providence, RI 02907

11:30 a.m. - 1:00 p.m.

Cross Roads
160 Broad St. in
Providence, RI 029035.

1:30 p.m. - 3:00 p.m.