



Stroke Care – Every Minute Matters

Stroke is a stop in the flow of blood to the brain either by blockage (clot) or by hemorrhage (bleeding) in the brain. It is the fifth leading cause of death in our country; someone has a stroke every 40 seconds, and someone dies of stroke every 4 minutes. Stroke also is a leading cause of serious long-term disability, reducing mobility in more than half of stroke survivors over age 65. Do you know how to recognize a stroke or what to do if one is happening to someone you love?

The month of May is Stroke Awareness month. Learn the signs and symptoms, how you can help prevent one, and treatment options available at FHN with FHN Stroke Program Coordinator Tracy Love, RN, BSN. Tracy received the Illinois Rural Health Association Award* for her work toward quality stroke care at FHN. The efforts of Tracy and the FHN Stroke Team in the past five years have resulted in FHN being awarded the Bronze, Silver, and Gold Awards, as well as the Gold Plus Award in 2018 from the American Heart Association/American Stroke Association. This award recognizes FHN's commitment and success in ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research-based guidelines on the latest scientific evidence.

Call us toll-free at 1-877-6000-FHN (1-877-600-0346) ext. 901 or visit www.fhn.org/stroke to register for this free presentation.

** The Illinois Rural Health Association honors just one individual a year for outstanding contribution of major significance to rural health in Illinois.*



STROKE CARE SPEAKER SERIES

Presented by: Tracy Love, MSN, RN, CNL

Wednesday, May 8 • 5:30 p.m.
FHN Family Healthcare Center – Burchard Hills
1010 W. Fairway Drive, Freeport

Refreshments will be served